



Sam's Personal Studio

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 4307 N. 10th St STE E, McAllen

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

SATURDAY

6:00 AM Fitness Reboot	6:00 AM Fitness Reboot	6:00 AM Fitness Reboot	6:00 AM Fitness Reboot	
	8:30 AM Pole Fitness		8:30 AM Pole Fitness	
5:30 PM Fitness Reboot	5:30 PM Fitness Reboot	5:30 PM Fitness Reboot	5:30 PM Fitness Reboot	
6:30 PM Pole Fitness	6:30 PM Belly Dance	6:30 PM Pole Fitness	6:30 PM Belly Dance	
7:30 PM Exotic Pole	7:30 PM Int/Adv Pole	7:30 PM Exotic Pole	7:30 PM Int/Adv Pole	
8:30 PM Lap & Floor		8:30 PM Lap & Floor		

Dance Fitness Membership - \$100 a month
Fitness Reboot Membership \$80 a month
/ Drop in - \$15 per class